

Backpacking Checklist



Troop 313 Backpacking Personal Packing List -suitable for spring, summer and fall weekend camping. **Items in bold can be shared by 2 or more Scouts to save backpack weight/space.**

Campsite

- Tent with rain fly, poles, stakes** (NOT a large, heavy tent). Scouts should share tents to save gear space/weight.
- Small ground tarp for under tent** (only if the tent does not already have a built-in tarp or footprint for the floor).
- Sleeping Bag (not a slumber party bag – too heavy, too absorbent, too cold)
- Compression bag – compacts sleeping bag to fit in/on pack
- Sleeping pad (foam or inflatable)

Personal Cooking/Eating

- Plate & bowl (lightweight plastic, metal or multiple disposable paper ones)
- Cup (that can hold hot liquids)
- Fork/Spoon/Knife
- Water Purifier** – to treat quantities of water for cooking/drinking
- Water Reservoir or 1-2 filled water bottles (or both – reservoirs do get holes...).
- Dehydrated meals and trail snacks (packed in Ziplocs for packing out trash)
- Backpack Stove** (JetBoil or other – to boil water for dehydrated meals)
- Backpack Stove fuel cannister(s)**

Other camping gear

- Backpacking Pack with hip belt
- Large heavyweight garbage bag (must fit over backpack for waterproofing; lawn/leaf bag, not kitchen trash bag size)
- Flashlight or headlamp w/extra batteries
- Gallon Ziploc bag for personal trash & a couple of folded paper towels
- Nylon paracord, small diameter (20 feet)
- Pocketknife (if Totin' Chip completed)

- Compass – see examples on p. 338 of Scout book)
- Matches or lighter & fire starters in ziploc
- Whistle
- Personal First Aid Kit (p. 108 in Scout book) – including moleskin & bandages for blisters
- Small plastic spade & partial TP roll (for bathroom use when no pit toilet..and remote toilets do run out of TP)
- Handwarmer packs (for sleeping bag, pockets, gloves)

Clothing

(no cotton; need fast-drying materials)

- T-shirts
- Long pants (wear 1 pair, bring 1 pair)
- Hiking boots, tennis shoes (2 pairs of footwear in case one gets wet)
- Socks (2 pairs; 1 warm pair)
- Stocking cap (also good for sleeping)
- Fleece and/or long-sleeve shirt for layering
- Underwear
- Long underwear bottoms or fleece leggings
- Rain jacket and rain pants OR poncho
- Belt
- Gloves
- Jacket/Coat

Toiletries

- Medication, prescriptions (advise adult leader)
- Sunscreen, sunburn lotion or ointment
- Toothbrush, small toothpaste
- Bug spray (compact size)
- Wash cloth or disposable personal wipes
- Personal size hand sanitizer
- Eyewear & cleaning supplies
- Personal hygiene items

Nice to have, not need to have:

- Trekking poles
- Camp chair (collapsible, backpack size)
- Mini travel pillow
- Wristwatch (phone batteries run out...)
- Phone or camera to take pictures
- Neck gaiter or neck scarf/bandana
- Sun hat (provides shade for hot summer campouts)
- Microfiber Camping Towel (bath towel size: for swimming, drying off)
- Biodegradable camp soap
- Scoutbook, notebook & pen in heavy ziploc