

WINTER CAMPING LIST

Updated 2-22-2006

The February snow cave campout is for experienced scouts only. New scouts will attend the March campout

COOKING / EATING

Eating regular high energy snacks will keep your metabolism running at top speed and keep you warmer. Think "peanut butter" and "cheese" rather than "Cheetos" and "Oreos."

3 cup Tupperware container w/ lid
spoon (best if it fits in container)
plastic mug
gallon Ziploc for garbage

2 water bottles (minimum of 2 pints)

Note: Camelback hoses tend to freeze
snacks
food for patrol cooking
utensils/pots/stoves/etc. for patrol cooking

CLOTHES (to wear and pack)

Clothes WILL get wet from sweating and melting snow. You MUST plan to have plenty of dry clothes (especially socks and gloves) to change into. Failing to take care of yourself can result in frostbite and hypothermia. Layering is best.

winter boots (removable felt liners are best)
hiking boots to change into if needed
4 pair non-cotton socks (polypro or wool)
2 pair non-cotton pants (no jeans or sweats)
good idea: slick warm up bottoms (cheap at Value Village)
2 tee shirts or long-sleeve tee shirts
1 pair underwear
1 pair non-cotton long underwear
2 stocking caps (one will get wet)
4 pair warm gloves (not expensive)
1 pair snow pants
1 heavy insulated coat (not cotton)
1 rain jacket and pants
1 belt

We will be digging snowcaves, which is the same as wallowing in the snow like a pig for four hours. You'll soak everything you have on, including socks and gloves, from the inside and outside. Bring extras!

You must take responsibility for staying warm. Think of ways to cut heat loss. If your sleeping bag is not rated to below-freezing temperatures, then put a second lightweight bag inside it or add a liner. Likewise, using two sleeping pads will cut more heat loss to frozen ground than using only one.

backpack and/or duffel (no limit)
tent (in case of snow cave malfunction)
small tarp, no larger than 6 x 6
sleeping bag with liner or two bags
sleeping pad (full length)
second sleeping pad (thin foam)
matches / lighter
fire starters
3 disposable hand warmers
3 disposable toe warmers

Get these at any outdoors store - very important

small diameter rope (parachute cord)
headlamp or flashlight
extra batteries (the nights are long)
personal 1st Aid kit
compass
pocket knife
large heavy garbage bag (waterproofing pack)
scout book in Ziploc
notebook
pen
sled with tow rope for fun and hauling stuff

PERSONAL

watch
hand sanitizer
folded sheets of paper towel in Ziploc (better than toilet paper)
small tube sunscreen
sunglasses
toothbrush and paste
necessary medication

DIGGING TOOLS - Please bring if possible

snow shovel for getting the hole started
short-handled shovel for digging inside the hole
military surplus entrenching tools are ideal because the blade can be angled for chopping at the snow.

WEARING COTTON IS LIKE WEARING A SPONGE!

Anything but cotton. Even a cotton blend is bad. Once it's wet, it will never dry out. Long underwear or slick warmup pants (without cotton lining) under snow pants work. Cotton socks are a disaster. Use synthetic or wool socks instead.